



**PROMETHEUS  
MEDICAL LTD**

# Emergency First Aid at Work (EFAW) Course

## Course Overview

This 1-day course is designed for individuals who may act in support of the designated first responders within the workplace. The course focuses on the provision of effective trauma management, re-focusing on the systematic ABCDE approach to the management of trauma.

## Aim

The Emergency First Aid at Work course aims to equip students with the essential skills, so they can deliver lifesaving immediate medical care to themselves or others.

## Entry Criteria

No prior medical qualifications are required to partake in the course

## Course Content

- Roles and Responsibilities
- Assessing an incident
- Managing an unresponsive casualty
- Adult Basic Life Support & AED
- Recovery position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries

### 2020 Dates:

Tuesday 24th March 2020 - 09:00 - 17:00

Monday 27th April 2020 - 09:00 - 17:00

Thursday 28th May 2020 - 09:00 - 17:00

Tuesday 30th June 2020 - 09:00 - 17:00

## **Duration**

One Day

## **Location**

This course will be held at Prometheus AlphaMed's training unit in Newbridge, Edinburgh.